

Qualification Specification

Focus Awards Level 2 Award in Teaching
Olympic Weightlifting in Schools (RQF)

603/5086/6



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Focus Awards Level 2 Award in Teaching Olympic Weightlifting in Schools (RQF)

Qualification Details

QRN: 603/5086/6

Credit: 2

GLH: 14

TQT: 20

Qualification Purpose

The Purpose of the qualification Focus Awards Level 2 Award in Teaching Olympic Weightlifting in Schools (RQF) is to outline the benefits of Olympic Weightlifting for young people, how to use the BWL Teaching Method to teach young people how to perform the Snatch and Clean & Jerk, how to structure and deliver a basic Weightlifting session to a group and how Weightlifting training can be modified for young people.

Learner Entry Requirements

Learners should be competent in literacy and numeracy to help with elements of communication. This is at the discretion of the centre as they may decide to use diagnostic testing methods to ascertain how they can support learners.

Age Ranges

Learners should be 18 (minimum) to undertake this qualification.

Geographical Coverage

This qualification is available across England.

Reasonable Adjustments and Special Considerations

Please refer to the Focus Awards 'Focus Awards Reasonable Adjustments and Special Consideration Policy.'

Assessment Methods

Each learner is required to create portfolio of evidence which demonstrates achievement of all the learning outcomes and the assessment criteria associated with each unit.

The main pieces of evidence for the portfolio could include:

- Assessor observation – completed observational checklists on related action plans
- Witness testimony
- Learner product
- Worksheets
- Assignments / projects / reports
- Record of oral and written questioning
- Learner and peer reports
- Recognition of prior learning (RPL)

Evidence may be drawn from actual or simulated situations where appropriate and where permitted by the relevant Sector Skills Council or Sector Skills Body.

Progression Routes

Learners wishing to progress from this qualification can undertake the following qualifications:

- Focus Awards Level 3 Certificate in Instructing Weight Training (RQF)
- Focus Awards Level 2 Certificate in Coaching Weight Lifting (RQF)

Useful websites and supporting materials

You will find useful websites and supporting materials here:

- www.focusawards.org.uk/supportingmaterials
- ofqual.gov.uk
- www.britishweightlifting.org

Qualification Structure/Rules of Combination

To achieve the Focus Awards Level 2 Award in Teaching Olympic Weightlifting in Schools (RQF), learners must achieve **2 credits** from the mandatory section.

Unit Title	Unit Ref	Level	GLH	Credit
Mandatory Units				
Teaching weight lifting in schools	D/617/7720	2	14	2

Requirements for Tutors:

Tutors delivering the qualification will be required to hold or be working towards a teaching qualification. This may include qualifications such as the Levels 3, 4 or 5 in Education and Training, or a Certificate in Education. Focus Awards will however; consider other teaching qualifications upon submission. Tutors must also be able to demonstrate that they are occupationally competent within the sector area.

Requirements for assessors:

Assessors will be required to hold, or be working towards a relevant assessing qualification. This may include qualifications such as the Level 3 Certificate in Assessing Vocational Achievement, or the Level 3 Award in Assessing Competence in the Work Environment. Focus Awards will however; consider other relevant assessing qualifications upon submission. Trainee assessors who do not hold an assessment qualification will require their decisions to be countersigned by a suitably qualified assessor. Assessors must also be able to show they are occupationally competent within the sector area.

Requirements for Internal Quality Assurers (IQA):

Internal Quality Assurers should hold or be working towards the following an IQA qualification. This may include qualifications such as the V1 (previously D34), or the Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice. Focus Awards will however; consider other relevant IQA qualifications upon submission. Trainee IQAs who do not hold an IQA qualification will require their decisions to be countersigned by a suitably qualified IQA. IQAs must be able to demonstrate occupational competence.